



Our Social Media & Communication Policy

Thank you for your understanding and agreement that in protecting your confidentiality:

- (i) it's best not to communicate about any aspect of our service to you via social media e.g. Facebook, Instagram, Twitter
- (ii) you do not view, subscribe, comment, post, friend or give a testimonial via platforms
- (iii) all friend or contact requests will be declined by Calm Matters' staff
- (iv) any online relationship which was accidentally established with Calm Matters' staff will be immediately ended upon discovery
- (v) in a public setting, you may acknowledge or speak with Calm Matters' staff but we will not acknowledge we know you or speak with you first
- (vi) Calm Matters' staff will limit our social interactions with you in public settings in respect for your time and privacy with your family and our time and privacy with ours.

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